



# Young Ambassadors

## KINGSMILLS HOTEL

### WHAT TO EXPECT AT THE YOUNG AMBASSADOR CONFERENCES?

This document brings together some useful information about the Young Ambassador conference you will be attending at the Kingsmills Hotel, Inverness on **Tuesday 26 September**. If you have any additional questions which are not covered in this document, please feel free to contact [youngambassadors@sportscotland.org.uk](mailto:youngambassadors@sportscotland.org.uk)



#### LOCATION & DIRECTIONS

There are six regional conferences taking place across Scotland this September. Your group has selected to join the Highland and Islands conference which will be held on **Tuesday 26 September at the Kingsmills Hotel**.

The postal address of the stadium is:

The Kingsmills Hotel  
Culcabock Road  
Inverness  
IV2 3LP

[Click here to view location](#)



#### PARKING

Parking is available onsite and free of charge.



#### DRESS CODE

Please follow your school's usual dress code for this kind of event. On arrival, Young Ambassadors will be provided with a new (black short sleeved) branded polo shirt which they should change into before the conference starts. Changing facilities will be available.



#### WHAT TO BRING

It would be a good idea for you to bring a notepad and pen(s) with you on the day. All other materials will be provided.



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### FOOD & DRINK

Food and drink will be provided throughout the day. **Lunch will be provided to everyone attending the conferences - Young Ambassadors and mentors.**

Any specific dietary requirements should have been highlighted via the registration website. If you have any queries, please contact [youngambassadors@sportscotland.org.uk](mailto:youngambassadors@sportscotland.org.uk).



### START & FINISH TIMES

Registration for the conference will be open from 9.15 - 9.50am - this will allow you to arrive up to the end of registration if you have a long way to travel. The conference will begin at 10:00 prompt and will close at 3:30.

Should you have any travel difficulties on the day on your way to the conference, please contact 07891509277 to let us know.



### YOUNG AMBASSADORS PROGRAMME

- 09:15 - 09:50** Arrival & registration
- 10:00 - 10:30** Welcome
- 10:40 - 12:30** Workshop
- 12:30 - 13:15** Lunch
- 13:15 - 14:30** Workshops continued
- 14:30 - 15:00** YA & Mentor Evaluation
- 15:00 - 15:30** Close



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### MENTOR'S PROGRAMME

**09:15 - 09:50** **Arrival & Registration**

**10:00 - 10:30** **Welcome**

**11.00 - 11.40** **Role of the Mentor**

An interactive session led by the Young Ambassador Delivery Team to discuss the role of the mentor

**11.40 - 12.30** **Inclusion - Diverse Role Models**

This session will look at gaps in schools and how the role of Young Ambassadors can support engagement from underrepresented groups

**12.30 - 13.15** **Lunch**

**13.15 - 13.45** **Young Ambassadors Workshops**

Overview of the YA workshops led the Young Ambassador Delivery Team

**13.45 - 14.15** **Group Discussion**

Mentors speed dating

**14.15 - 14.30** **Next Steps**

Support for the future

**14:30 - 15:00** **YA & Mentor Evaluation**

**15:00 - 15:30** **Close**



We look forward to welcoming you all on the day!



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